



# GOBINDA PRASAD MAHAVIDYALAYA

P.O.- Amarkanen • Dist- Bankura • Pin-722133 • (W.B.)

(NAAC Accredited 'B' College)

## NSS -UNIT I & II

- Website : [www.gpm.ac.in](http://www.gpm.ac.in)
- Email Id : [gpm1985105@gmail.com](mailto:gpm1985105@gmail.com)
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### Notice

The undersigned is pleased to inform you that the NSS UNIT I & II of Gobinda Prasad Mahavidyalaya is going to observe **No Smoking Day** in our college. In this connection a programme will be held at 12.00 noon to 2:00 pm on 13<sup>th</sup> March, 2023 in the Seminar Hall. All Teaching, Nonteaching staff and students, are here by cordially invited to attend the said programme.

  
05/03/23

Principal


Gobinda Prasad Mahavidyalaya  
Amarkanen, Bankura, 722133

  
05/03/23

Programme Officer Unit- II  
Gobinda Prasad Mahavidyalaya  
Amarkanen, Bankura

Principal

Gobinda Prasad Mahavidyalaya  
Amarkanen, Bankura

  
Programme Officer Unit- I  
Gobinda Prasad Mahavidyalaya  
Amarkanen, Bankura





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## A Report on No Smoking Day 2023

**Name of Event:** No Smoking Day

**Organizing Committee:** NSS UNIT I & II of Gobinda Prasad Mahavidyalaya, Amarkananda, Bankura, 722133.

**Date:** 13.03.2023

**Duration:** Two hours (12:00 noon to 2:00 pm)

**Time:** 12:00 noon onwards.

**Venue:** College Campus.

**Beneficiary list:** Following candidates participated from the above event.

SLNO.	NAME OF STUDENTS	UID. NO
1	Sunanda Ghosh	22081201414
2	Ananda Bhattacharjee	21081204003
3	Subha Gorai	20081201042
4	Sumanta Karmakar	22081201124
5	Saikat Degharia	21081201124
6	Arnpurna bauri	22081206030
7	Shilpi bauri	22081206029
8	Doeal Bauri	22081206028
9	Suchitra Saren	21081204004
10	Mamoni Murmu	21081201056
11	Moumita bauri	22081205035
12	Mohua Ghosh	22081206037
13	Priya bauri	22081206033
14	Sudha Das	22081209008
15	Pampa Das	22081204010
16	Srija Maji	22081204020
17	Puja Das	22081204009
18	Puja Das	22081204008
19	Bapan Ghosh	22081201030

20	Subha Haidar	22081201032
21	Amit kumbhakar	22081201088
22	Sudarshan Singha	22081209010
23	Somnath singha	22081201084
24	Taniya Chakra borty	20081219005
25	Sangita Singha	20081201181
26	Riya Goswami	20081109006
27	Puja Ray	21081206039
28	Baisakhi sukul	21081206039
29	Manisha Singha	20081103015
30	Sunetra Singha	22081109005
31	Priya Haidar	22081109005
32	Puja Das	22081109004
33	Sanjoy patra	22081201024
34	Tanmay Nandi	22081201214
35	Sudip Pramanik	22081201190
36	Dipanjan Maji	22081201194
37	Biswajit Kundu	22081201073

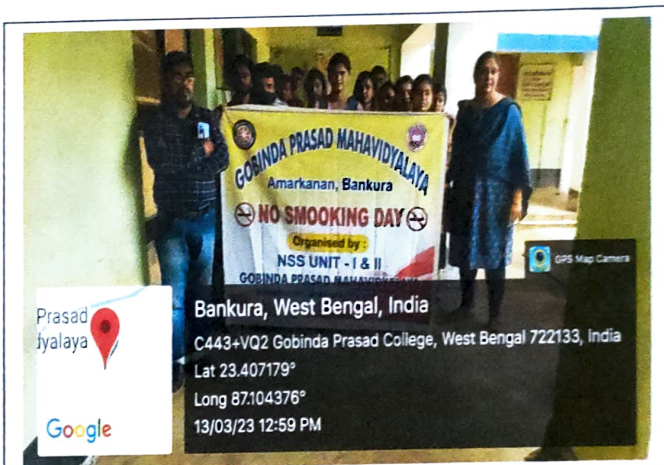
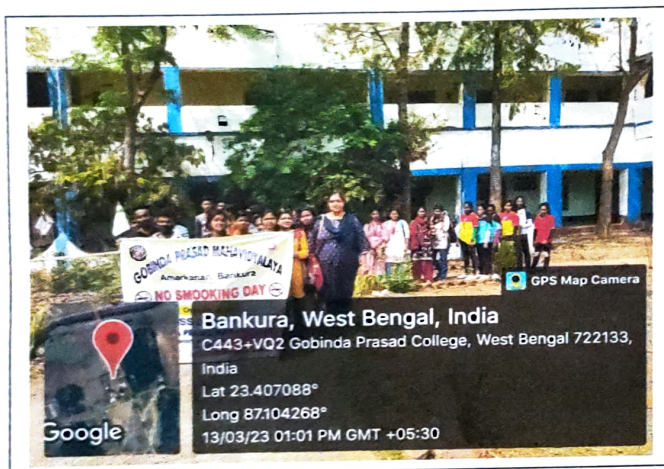
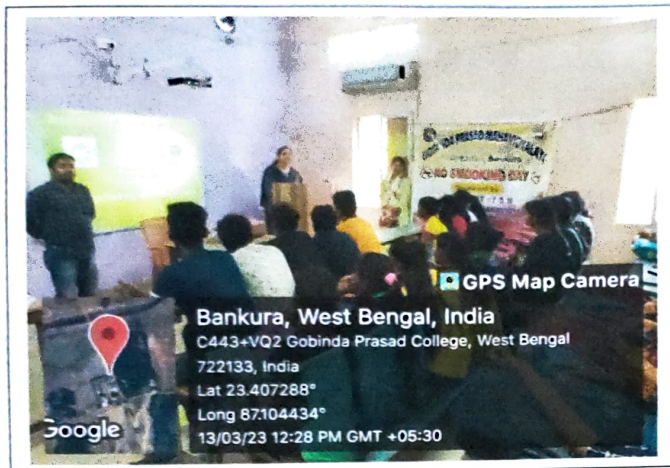
#### Description of the event:

Every year on the second Wednesday of March, No Smoking Day is observed. It falls on March 8th this year but due to holiday we observe it on 13<sup>th</sup> March, 2023. Even though we all know that smoking is injurious to our health, quitting the habit appears to be a difficult task. This year's theme is: "**Quit and Win**" As a part of it, the NSS UNIT I & II had organized a programme on the same topic. Students from various under graduate had participated enthusiastically in these events. As the final event of these celebrations, the NSS UNIT I & II invited Dr.Sathi Mukherjee and Mr. Amit Koley (Faculty of Gobinda Prasad Mahavidyalaya) as the speaker in the programme where he delivered a speech on the topic entitled: "**Importance of No Smoking Day**". The day is celebrated to help those who wish to quit smoking as well as to raise awareness about the implications of smoking on an individual's health. The day was significantly started to aware people of the ill effects of smoking and help them quit it on time. Giving up smoking takes a lot of dedication and motivation as ones who smoke on a regular basis, their bodies get addicted to it. If they stop having smoke, their body reacts in a way that they crave tobacco. The main goal of this day is to raise awareness about the detrimental health impacts of smoking and other forms of tobacco intake. The important message is to assist smokers in quitting their harmful habit.

Mr. Amit Koley spoke on the bad effect of Smoking. More than 36 participants from all over attended the programme. Dr.Sathi Mukherjee concluded by explaining about the history of No Smoking Day the United Kingdom witnessed that the people in the country are getting addicted to smoking. In 1984, the day was observed for the first time. Earlier, it was celebrated on the first Wednesday of March as it began on Wednesday. However, with time, it shifted to the second Wednesday. Now, it is celebrated as an annual event all over the United Kingdom and in other countries too.



**Photograph:**



*Adhikari*  
Programme Officer, Unit- I  
Gobinda Prasad Mahavidyalaya  
Amarkan, Bankura

*Satish Mishra*  
13/03/23  
Programme Officer, Unit- II  
Gobinda Prasad Mahavidyalaya  
Amarkan, Bankura

*[Signature]* 13/03/23  
Principal  
Gobinda Prasad Mahavidyalaya  
Amarkan, Bankura  
**Principal**  
Gobinda Prasad Mahavidyalaya  
Amarkan, Bankura

