

**GOBINDA PRASAD MAHAVIDYALAYA**  
CERTIFICATE COURSE ON "INTRODUCTION OF PSYCHOLOGICAL COUNSELING"  
DEPARTMENT OF EDUCATION  
SESSION: 2022-2023

**DETAILS OF THE CERTIFICATE COURSE**

The Certificate Course on "Introduction of Psychological Counseling" Started from 23.03.2023.

**Weekly Schedule of this Certificate Course:**

Teacher's Name	Day	Time
Bristi Mandal	Wednesday	09:00 AM to 10:00 AM
Sanatan Sahoo	Thursday	09:00 AM to 10:00 AM

**Syllabus of the Certificate Course**

**Certificate Course on "Introduction of Psychological Counseling"  
Duration: Six Months (45 Teaching Hours), Full Marks: 100**

**Unit-I. Concepts of Psychology:**

**15 hours (30 marks)**

1. Definition, nature, scopes of Psychology.
2. Growth and Development: Stages and aspects of development in human life; Physical, Social, Emotional, Cognitive and Language development of Infancy, Childhood and Adolescence period and respective educational programmes.
3. Theories of Development- Cognitive Development (Piaget), Psycho-social (Erickson), and Moral Development (Kohlberg).

**Unit-II. Concepts of Counseling:**

**10 hours (25 marks)**

1. Definition, Nature, Principles, Types — Directive, Non-directive and Eclectic; Individual and Group Counseling.
2. Counseling process, Characteristics of good counseling.
3. Differences between counseling and psychotherapy. Diagnosis in Counseling and Follow-up Services.

**Unit-III: Therapies:****12 hours (25 marks)**

Types of Psychotherapy- Psycho-drama, Play therapy, Behaviour Modification therapy. Cognitive therapy, Narco-therapy, Occupational Therapy, Psychoanalytic method-Free Association, Transference and Dream Analysis.

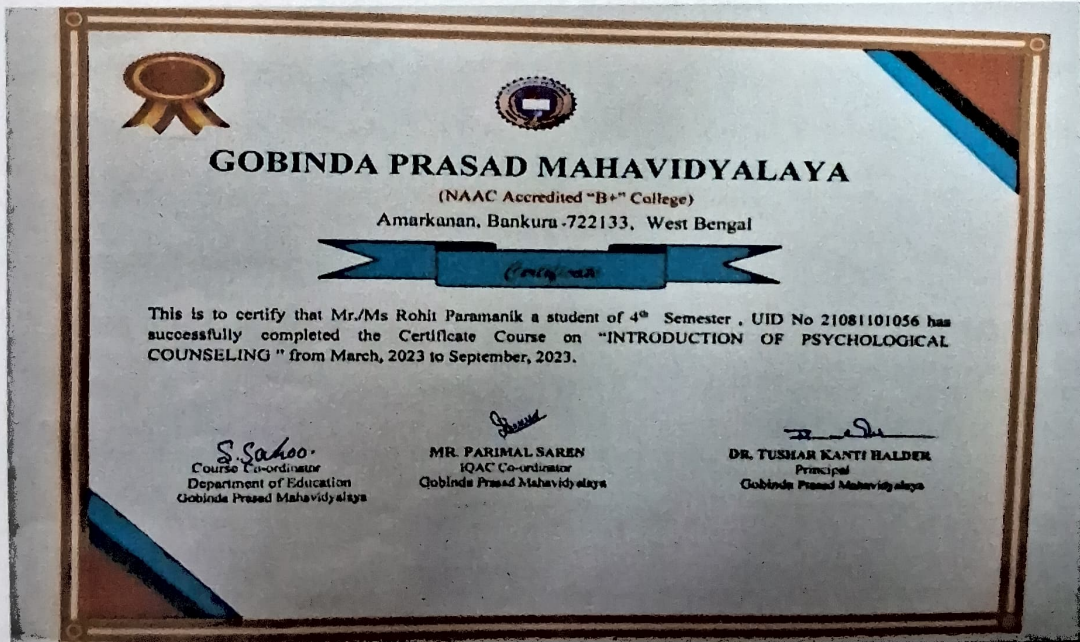
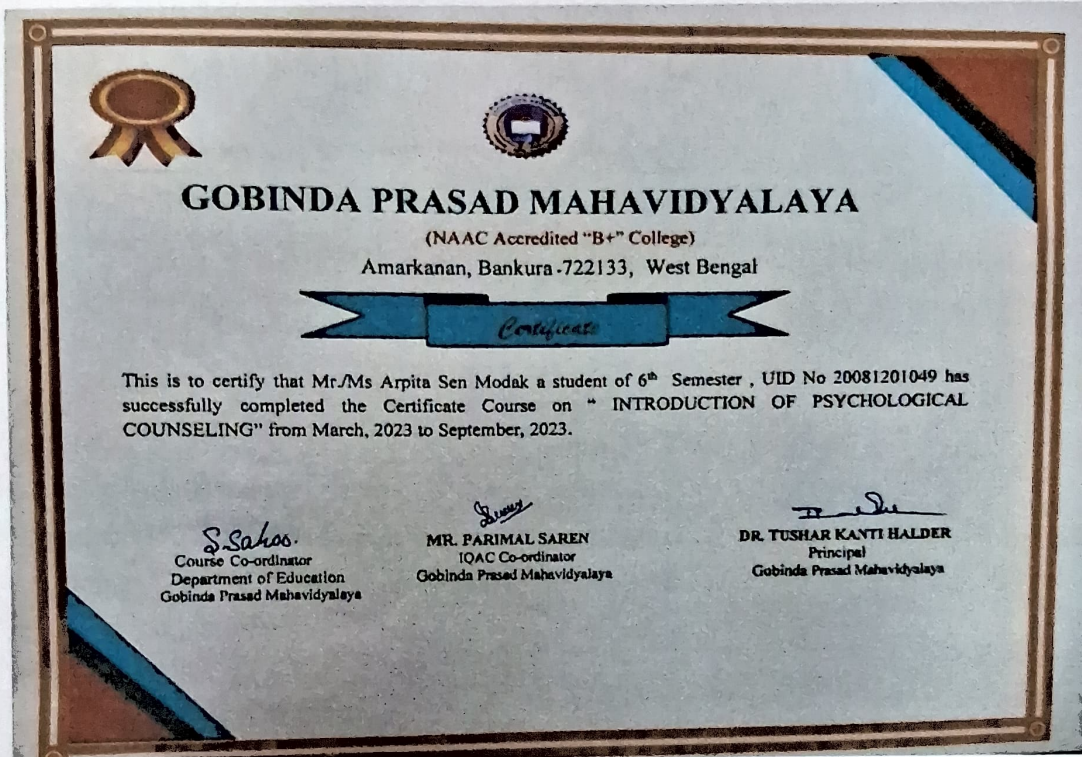
**Unit- IV: Counseling Approach:****08 hours (20 marks)**

Psychoanalytic, Client-centered, Operant-Conditioning, Classical-Conditioning, Cognitive Therapy, and Rational emotive therapy.

**LIST OF THE STUDENTS:**

Sl. No.	Name	UID No.	Semester
1	Biuti Maji	20081201129	VI
2	Debi Mandal	20081201130	VI
3	Arpita Sen Modak	20081201049	VI
4	Rohit Paramanik	21081101056	IV
5	Arjun Bauri	21081101023	IV
6	Amitabh Banerjee	20081201035	VI
7	Rohit Dhibar	20081103037	VI
8	Soumendu Bhattacharjee	20081201133	VI
9	Shreya Maji	20081101002	VI
10	Pampa Mandal	22081201047	II
11	Priyanka Maji	22081201068	II
12	Sweety Adhurjya	22081201042	II
13	Ajoy Maji	20081101019	VI
14	Rakesh kundu	20081101020	VI
15	Jayanti Karmakar	20081101010	VI
16	Amit Maji	20081101016	VI
17	Tanmay Nandi	22081201214	II
18	Anup Patra	22081201135	II
19	Mita Khawas	22083119010	II
20	Arpita Halder	22083119011	II
21	Mana Ghosh	22083119008	II
22	Chandrima khan	22083119005	II
23	Priyanka Nayak	22083119013	II
24	Priya Dutta	22083119003	II
25	Pallabi Nayak	22081101019	II

Attached Certificates:



*S. Sahoo.*  
Course Co-ordinator  
Department of Education  
Gobinda Prasad Mahavidyalaya