



Website : www.gpmbankura.in
Email id : gpm1985105@gmail.com
Mob : 9734962796

GOBINDA PRASAD MAHAVIDYALAYA

(NAAC Accredited 'B+' College)

AMARKANAN :: BANKURA-722133 (W.B)

Department of Physical Education

Ref..... Gobinda Prasad Mahavidyalaya
Department of Physical Education

Date.....

Webinar Report (22/07/2020)

A National level Webinar conducted through online mode on 20th to 22nd July 2020 at 11 am to 12.20pm in Department of Physical Education

According to a pre-arranged schedule a National level Web lecture series through online mode from 20th to 22nd July 2020 was conducted at 11am to 12.20 pm in Department of physical Education. This inauguration was attended by all faculty members, students of our college and some interested persons. The National level Webinar was conducted as per the following schedule:

Day -1, 20th July, 2020

A. Dr. Sentu Mitra , Asst. Prof. Dept of Physical Education , Visva Bharati University, 11am To 11.40am, Topic -Fitness At Home During Covid 19 Pandemic Situation.

B. Dr. Deepak Kumar Singh, Asst. Prof. Dept of Physical Education, Ramananda College , Bankura University, 11.40am-12.20pm, Topic- Abiotic Environmental Factors And Health And Fitness

Day -2, 21th July 2020:

C. Dr. Jyostnasis Ghosh , Asst.Prof. Dept. of Physical Education, Barrackpore Rastraguru Surendranath College, West Bengal State University, 11 Am To 11.40am. Topic- You Are Master of Your Own Health – A Simple Nutritional Calculation For Maintaining Good Health”.

D. Dr. Sumalya Roy Asst. Prof. Dept of Physical Education, Chatra Ramai Pandit Mahavidyalaya, 11.40-12.20pm, Topic- Sports Module After Covid19 Situation In School, College And University”.

Day -3, 22th July 2020:

E. Dr. Avijeet Mondal, Asst. Prof. Dept of Physical Education, Saltora Netaji Centenary College , Bankura University, 11am To 11.40 Am, Topic- Power of Happiness.

F. Dr. Atanu Das, Asst. Prof. Dept Of Physical Education, Champadanga Rabindra Mahavidyalaya, Burdwan University, 11.40am To 12.20pm, Topic- Yoga The Way To Improve Physical And Psychological Wellbeing.

This Webinar ended with a grand success with the support of Hon' ble Principal of Gobinda Prasad Mahavidyalaya, IQAC Co-ordinator and other faculty members. The programme was ended with the vote of thanks given by Mr. Argha Nayak.

Argha Nayak

(Mr. Argha Nayak)

SACT & Head

Department of Physical Education

Gobinda Prasad Mahavidyalaya

(Dr. Tushar Kanti Halder)

Principal

Gobinda Prasad Mahavidyalaya

Amarkan, Bankura

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