



ONE DAY STATE LEVEL WEBINAR



GOBINDA PRASAD MAHAVIDYALAYA

(NAAC ACCREDITED 'B+' COLLEGE)

AMARKANAN, BANKURA, W.B.

INTERNATIONAL YOGA DAY 2021

ORGANISED BY

DEPARTMENT OF PHYSICAL EDUCATION

IN Co-ORDINATION WITH IQAC

DATE
21 JUNE, 2021

TIME
11:00 A.M.

GUESTS & SPEAKERS



CHIEF PATRON & CHAIRPERSON
DR. TUSHAR KANTI HALDER
HON'BLE PRINCIPAL
GOBINDA PRASAD MAHAVIDYALAYA
AMARKANAN, BANKURA.



Co- ORDINATOR, IQAC
MR. PARIMAL SAREN
ASSISTANT PROFESSOR, DEPT. OF ENGLISH
GOBINDA PRASAD MAHAVIDYALAYA
AMARKANAN, BANKURA



DR. JYOSTNASIS GHOSH
ASST. PROF. DEPT. OF PHYSICAL EDUCATION
BARRACKPORE RASTRAGURU
SURENDRANATH COLLEGE
(WEST BENGAL STATE UNIVERSITY)



DR. KALIDAS KARAK
ASST. PROF. DEPT. OF PHYSICAL EDUCATION
FAKIR CHAND COLLEGE
(CALCUTTA UNIVERSITY) DIAMOND HARBOUR

CONVENOR

MR. ARGHA NAYAK

SACT

DEPARTMENT OF PHYSICAL EDUCATION

TECHNICAL SUPPORT

MRS. SATABDI ROY, MISS. DEBANJANA KARMAKAR, MISS. MEDHA MISRA,

SACT

DEPT. OF ENGLISH

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DEPT. OF BENGALI

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MR. CHANDAN PAI

SACT

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TENTATIVE PROGRAMME SCHEDULE

Mode of Communication: Google Meet

11:00 AM- 11:05AM	Welcome Address	Dr. Tushar Kanti Halder Hon'ble Principal, Gobinda Prasad Mahavidyalaya.
11:05AM-11:10AM	Special Speech	Mr. Parimal Saren Co-Ordinator, IQAC, Gobinda Prasad Mahavidyalaya.
11.10AM -12.00 PM	Invited Lectures-1	Dr.Jyostnasis Ghosh Asst.Prof.Dept Of Physical Education Barrackpore rastraguru Surendranath College West Bengal State University. Topic: "the effect of yoga on personality and diet".
12.05PM- 12.55PM	Invited Lectures-2	Dr. Kalidas Karak Asst.Prof.Dept Of Physical Education Fakir Chand College (Calcutta University) Topic: "Importance of yoga in our day to day life".
12.55PM- 1.00PM	Vote of Thanks	Mr. Argha Nayak Department of Physical Education Gobinda Prasad Mahavidyalaya.